

The Northside News

A printlink for neighborhoods of change

SUMMER HEAT FUNDRAISER: THE MOVEMENT MIXTAPE

In the wake of back-to-back days of violence against black bodies in the summer and fall of 2016—Alton Sterling in LA, Keith Lamont Scott in NC, Philando Castile in MN, Terence Crutcher in OK—Jackson Center staff members, George Barrett and Brentton Harrison, were looking for answers: How do we deal with the recurring cycle of pain, anger, and numbness? How do we as black people survive this open season of hatred? We knew that the people who could guide us through a time like this were people who had lived through and fought hard against racial injustice. So we


found ourselves at the home of a local hero, native Northside resident, and Civil Rights leader, Ms. Keith Edwards, looking for advice, wisdom, and comfort. We soon found ourselves talking about the power of music and the unimaginable role that it plays in inspiring and sustaining direct action by activists and changemakers of all kinds. But here's where things got interesting. Suddenly we shifted from a casual conversation to something more like real dialogue in which each generation played a part.

Ms. Keith offered: "y'all's generation doesn't have artists that are making music to address social issues. In our day we had James Brown, Marvin Gaye, Nina Simone—and so many others who made songs that instilled a real sense of hope. So I'm going to make y'all a playlist of songs that inspired the movement during my time." George responded in frustration: "Sorry, Ms. Keith, but yes we do! Kendrick Lamar, Erykah Badu, and J. Cole are all making music that addresses the social issues of right now and inspires social movements like BlackLivesMatter. So, Brentton and I are going to make you a playlist of songs that instill hope in us." We listened to each other's playlist and eventually arrived at this combined version that cuts J. Cole with Marvin Gaye and Nina Simone with Erykah Badu. We wanted to create a mix that brought black justice movements together and reflected the promise of the kind of intergenerational dialogue we found in Ms. Keith's living room. Here you have it--the Movement Mixtape: a literal mix of change-driving music that we hope carries hope for you.

Join with us in continuing to fight injustice in our communities and beyond. Make a donation to the Jackson Center of \$20 or more and we'll send you (or drop off) a copy of The Movement Mixtape. Supplies are limited. Make your donation now at <https://jacksoncenter.info/donate-now/> and include mixtape and location to send in the comment box or stop by the Marian Cheek Jackson Center, 512 W. Rosemary Street, any weekday from 9-5. Thank you!

The Mixtape was made for community and classroom education and inspiration. To learn more about how the Jackson Center will use it in its Learning Across Generations initiatives, please see <https://jacksoncenter.info/summer-heat-mixtape/>.

Summer Heat Fundraiser



It's Hot Off The Press: The Movement Mixtape

Music makes the difference. It inspired Civil Rights action in the 60's and unites allies in the Black Lives Matter movement today. And, as one of Northside's great warriors, Ms Keith Edwards, made clear: **"Music transcends all generations. Music can be soothing. It can make you laugh or cry. But music can also give you hope of a better tomorrow."**

22 tracks of Black movement music mixing the generations. Get your Gift today!

The Marian Cheek Jackson Center
512 West Rosemary St • Chapel Hill, NC 27516 • 919-960-1670
contact@jacksoncenter.info • www.jacksoncenter.info




Photo By Jim Wallace

INTERGENERATIONAL HOUSING

"The crucial investment that makes a place home ground is not investment of money but of connections, of roots; thus land becomes the place of happenings: births, deaths, labor, friendships, disputes, and goings and comings of the generations." - Grey Gundaker

Aging in community is an age-old concept. Historically, community members have naturally taken care of each other across generations. However, relatively recently our societies have become more age segregated. Yet the old adage "age is just a number" has never been more true. As clearly seen in Northside, residents continue actively participating in their community as they grow older. What are the resources and services that would make our communities more age-inclusive? Intergenerational housing, where older and younger neighbors intentionally live cooperatively together, could be one way of strengthening relationships across generations. Whether within a single home or a cluster of nearby homes, intergenerational housing would ideally benefit both older and younger neighbors, who can support each other by sharing wisdom, guidance, friendship, and household tasks that might be difficult for certain older adults to perform independently. However, this is just one idea and we would love to hear your thoughts:

What already exists in Northside that supports aging in community? What are some other ideas that would help our neighbors continue to thrive in Northside as they grow older? Call or write to us with your ideas at: contact@jacksoncenter.info, (919) 960-1670, or feel free to stop by our office at 512 W. Rosemary Street.

WHAT'S UP AT HARGRAVES THIS SUMMER?

NEIGHBORHOOD NIGHT OUT | TUESDAY AUGUST 1ST, 6:00-8:00 PM



Location:Your Neighborhood | **Ages:**ALL | **Free**
Residents in neighborhoods throughout Chapel Hill and across the nation will be hosting events such as block parties, cookouts, parades, visits from police, flashlight walks, contests, youth activities and anticrime rallies to send a powerful message about neighborhood unity, awareness, safety, and police-community partnerships. If your neighborhood would like a visit from an officer, contact officer Robin Clark at (919) 969-2068 or rclark@townofchapelhill.org

FAMILY FUN DAY | SATURDAY AUGUST 12TH, 5:00 PM



Location: Hargraves Community Center Ball Field | **Ages:**ALL | **Free**
Bring your lawn chair or blanket and enjoy an evening of music, food, swimming, games, and activities for youth and adults, including a basketball game for ages 14-18.

COMMUNITY BOOK BAG GIVEAWAY | SATURDAY AUGUST 19TH, 10:00-2:00 PM



Location: Northside Gym at Hargraves Community Center | **Ages:** K-12 | **Free**
It's time to get ready for school. Get a jump start by getting a book bag and a few school supplies to start the school year off right. Limit: one bookbag per child. Children must be present. Co-sponsored by Chapel Hill Parks and Recreation and World Overcomers Church.

EXPANDING PIEDMONT HEALTH TO BEST SERVE YOU AND YOUR FAMILY

Piedmont Health Services (PHS), a nonprofit organization serving the community for more than 47 years, is expanding its Carrboro Community Health Center. It is scheduled to be finished by early fall 2017.

The dental area is expanding, from our current three dental chairs to six. Our medical care space will expand to 18 exam rooms, along with our Women, Infant and Children (WIC) services, a supplemental Nutritional Program, and the pharmacy. The pharmacy expansion will include a counseling room where patients can review their medications with pharmacists. WIC will be able to see more people easily and continue with their breastfeeding and nutritional classes.

The health center will remain open to serve patients during the expansion although the dental area will close for about a week during the summer for the renovations. Our newest health center, Piedmont Health's Chapel Hill Community Health Center, located at 1821 MLK Jr. Blvd. in Chapel Hill, provides comprehensive primary medical care to its patients. We offer care to prenatal women, children and adults including senior citizens.

Appointments are readily available for your family's health care needs including preventative and well-person care, immunizations, chronic medical conditions (such as hypertension and diabetes) and care for seniors.

Piedmont Health welcomes all new patients and accepts Medicaid, Medicare and other forms of insurance. If someone doesn't have health insurance or has a high deductible, PHS can help through sliding-scale fees based on income, or through the Small Business Program for area Chambers of Commerce.

Piedmont Health operates 10 health centers and two PACE (Program of All-Inclusive Care for the Elderly) facilities in the Piedmont area of North Carolina. The Corporate Office has moved to Chapel Hill.

The location, telephone number and operating hours of our Orange County community health services are listed below. For more information, visit www.piedmonthealth.org. If you have other questions, please contact Debra Markley, markleyd@piedmonthealth.org.

Carrboro Community Health Center
301 Lloyd St. Carrboro, NC 27510

Medical: (919) 942-8741
M & Th: 8:00am – 8:00pm
T, W, & F: 8:00am – 5:00pm
S: 8:00am – 1:00pm
Pharmacy: (919) 537-0097
Dental: (919) 933-9087
M-T: 8:00 am – 6:00pm

Chapel Hill Community Health Center
1828 Martin Luther King Jr. Blvd
Chapel Hill, NC 27514
(919) 951-7600
M-F: 8:00am – 5:00pm

WIC Office
Orange County Health Department
300 W Tryon St
Hillsborough, NC 27278
(919) 245-2422
M, W, & Th 8:00am – 5:00pm
F: 8:00am – 1:00pm
closed 12:30pm – 1:00pm daily



Save the Date: This year's Neighborhood Night Out and Block Party will be held at 5pm on Thursday, September 14th at the Hargraves Center! Photos above were taken from last year's event.

ASK KEITH

Ms. Keith Edwards is a lifetime resident of McDade St. and a lifelong advocate for the community. Keith is widely known as a fighter for justice and receives calls from neighbors asking her about programs and referrals for help with household and community issues. To submit questions for "Ask Keith," call us at (919) 960-1670 or email at contact@jacksoncenter.info

Do you know of any agencies that provide fans or any other way that will help me cool down through the hot days because right now I only have window air conditioning unit?

The Orange County Department on Aging has a program called Operation Fan Heat Relief (OFHR). OFHR is a summer program intended to provide a more comfortable living environment and reduce heat-related illnesses for older adults and adults with disabilities. The Department on Aging has a limited number of fans and air conditioners to assist those at risk.

To receive a fan an individual must
Live in Orange County
Be at least 60 years old or an adult with a disability
Have a home situation that threatens their health or well being
Fans may be picked up at the Passmore Center located at 103 Meadowlands Drive in Hillsborough or the Seymour Center located at 2551 Homestead Road in Chapel Hill.

Some seniors may be able to receive an air conditioner. Recipients must meet the fan criteria and:
Provide a health provider statement of need
Be approved by an Aging Transitions social worker
To see if you qualify and for more information of the Orange County OFHR program, please call the Orange County Aging Helpline at (919) 968-2087 or contact Robin Bailin at 919-245-4252

At this time this is the only agency that we were able to find that could offer some help. If there is anyone who has any information of any other agencies who offer heat assistance please call 919-960-1670

If you want to be prepared for the summer of 2018 keep in mind that the Inter-Faith Council (IFC) opens up a list in late April/early May that residents of Chapel Hill and Carrboro can sign up for in order to receive a free fan. Sign-up either in person at the IFC office located at 110 W. Main St, Carrboro N.C. or through calling the office at 919-929-6380. As of now they do not have any fans available.

ARCHIVE TRIVIA

Who was the first black policeman in Chapel Hill/Carrboro?

Think you know the answer to this month's archive trivia? Call the Jackson Center anytime after 9am to win a prize!

Last month's answer: W Rosemary & Graham

COMMUNITY BOARD

7/10 Robert Edwards
7/14 Dan Levine
7/17 Yvonne Cleveland
7/17 Donna Bell
7/19 Sabrina Sidora
7/24 Lil Mama



july birthdays

COMMUNITY ANNOUNCEMENTS

Good Neighbor Initiative Door-to-Door Walk
Monday, August 21st | 4:00 - 6:30 pm

This year's Good Neighbor Initiative Walk-Around will take place the day before classes start on Monday, August 21 from 4:00-6:30 p.m. Volunteers will meet at the Hargraves Community Center at 3:00 p.m. to leave for the walk by 4. Food will be available for those who want to stay after the walk-around and eat. Volunteer walkers receive a t-shirt and will walk around to different houses in Chapel Hill neighborhoods welcoming residents and telling them how they can be a good neighbor. If you are interested in volunteering or have any additional questions, please email Sofie DeWulf at sofie@jacksoncenter.info to get the link to sign up.

FOOD FOR THE SUMMER!

JUNE 12 – AUGUST 25, 2017
JOIN US FOR FOOD AND FUN! WEEKDAYS 12:00 – 1:00 PM

Healthy Lunch
Fun Bucket Activities like sidewalk chalk, jump roping, frisbees, games, and much more!
Pop-In Visitors
Pop-Up Library, Arts & Crafts, Sports, and more!
Free Book Wednesdays

NO REGISTRATION OR ID NEEDED! NO CHARGE!
OCCURS RAIN OR SHINE!

Lunch is served at all of the following locations (rain or shine!), but please note, you don't have to live in these areas to come for lunch!

- | | | |
|-----------------|------------------------|----------------------|
| Trinity Court | S. Estes Apartment | Pine Gate Apartments |
| Rainbow Heights | Carolina Apartments* | Dobbins Hill |
| Eastwood | Kingwood Apartments* | Chase Park |
| Prichard Park | Royal Park* | Hargraves |
| Airport Gardens | Estes Park Apartments* | Elliot Woods |

* - food will be served at a nearby location!
For any questions, please call or text (413) 320-8044